

THE SORROWFUL MYSTERIES

In the name of the Father

THE APOSTLES CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontus Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

For the POPE

Leader: OUR FATHER Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

Congregation: GIVE US THIS DAY our daily bread; and forgive us our trespassers as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

3 Hail Marys as follows:

For the gift of FAITH

Leader: HAIL MARY full of grace, the Lord is with Thee. Blessed art Thou among women And Blessed is the fruit of Thy womb, Jesus.

Congregation: HOLY MARY Mother of God Pray for us sinners now and at the hour of our death. Amen

For the gift of HOPE

Leader: HAIL MARY....

full of grace, the Lord is with Thee. Blessed art Thou among women And Blessed is the fruit of Thy womb, Jesus.

Congregation: HOLY MARY....

For the gift of CHARITY

Leader: HAIL MARY....

full of grace, the Lord is with Thee. Blessed art Thou among women And Blessed is the fruit of Thy womb, Jesus.

Congregation: HOLY MARY....

All: GLORY BE TO THE FATHER and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

All: O my Jesus, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

Let us contemplate on the 5 SORROWFUL MYSTERIES.

THE First SORROWFUL Mystery

THE AGONY OF JESUS IN THE GARDEN

REFLECTION

Then Jesus came with his disciples to a place called Gethsemane,

In the forsaking prayer to the Father, Jesus found strength, trust, and an angel was sent to comfort Him. So Jesus will be our comforting angel. It's as He said to us: " Why do you worry in your difficulties? Be strong in me; look to your God in your most troubled hour, and you will be triumphant." Let us ask to forsake ourselves to God, to always do His will.

Leader: OUR FATHER....

Who art in heaven, hallowed be Thy name;Thy kingdom come;Thy will be done on earth as it is in heaven.

Congregation: GIVE US THIS DAY...

Leader: HAIL MARY.... x 10times

full of grace, the Lord is with Thee. Blessed art Thou among women And Blessed is the fruit of Thy womb, Jesus.

Congregation: HOLY MARY.... x 10times

All: GLORY BE TO THE FATHER

All: O my Jesus, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

The Second SORROWFUL Mystery

THE SCOURGING OF JESUS AT THE PILLAR

REFLECTION

How many pains, how many torments, and how many wounds on the body of Jesus? How much blood falls to the ground, while His tormenters laugh, insult him, and gather their strength to hit the innocent body of Jesus again? Let us ask to accept every insult for the love of our Lord, and also a true regret for our sins.

Congregation: OUR FATHER....

Leader: GIVE US THIS DAY...our daily bread; and forgive us our trespassers as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Congregation: HAIL MARY....x10 times

Leader: HOLY MARY.... x 10 times Mother of God Pray for us sinners now and at the hour of our death. Amen

All: GLORY BE TO THE FATHER

All: O my Jesus, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

THE Third SORROWFUL Mystery

THE CROWNING WITH THORNS

REFLECTION

Think of the indignity, outrage, pain, and humiliation that Jesus suffered. They stripped Him of every dignity, He was treated as the guilt of our worst sins. He seems to say to us: " Why do you despair when you suffer? Is that the way you love me? Meditate about my passions and find in them great riches." Let us ask the gift of patience to accept all humiliations, thinking of how Jesus suffered for us.

Leader: OUR FATHER....

Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

Congregation: GIVE US THIS DAY...

Leader: HAIL MARY.... x10 times

full of grace, the Lord is with Thee. Blessed art Thou among women And Blessed is the fruit of Thy womb, Jesus.

Congregation: HOLY MARY.... x 10 times

All: GLORY BE TO THE FATHER

All: O my Jesus, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

The Fourth SORROWFUL Mystery

THE CARRYING OF THE CROSS

REFLECTION

Even if He had suffered just for us, Jesus would have accepted such pains, great is His love for us. Along the road to Calvary Jesus sees Mary, His Mother. Can we imagine the moment when Their eyes met? Oh how Her Heart must have ached. Let us pray to Mary for the grace to always accept our cross, so that she and Jesus may bear it.

Congregation: OUR FATHER....

Leader: GIVE US THIS DAY...

our daily bread; and forgive us our trespassers as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Congregation: HAIL MARY.... x10 times

Leader: HOLY MARY.... x 10 times

Mother of God Pray for us sinners now and at the hour of our death. Amen

All: GLORY BE TO THE FATHER

All: O my Jesus, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

The Fifth SORROWFUL Mystery

THE CRUCIFIXION AND DEATH OF JESUS

REFLECTION

Jesus wishes to see us close to His Mother; He wishes that, like children, we keep our hand in the hand of Mary. That is what He wants. He asks us to look to the heavenly Mother, that is depend on Her. He asks that we accept Our Lady as our true Mother, who will ignite in us a fervent love of Her Son. Mary, we trust in You, take us and put us in the refuge of Your Immaculate Heart, heal with Your humility our pride, that so often takes us far from God

Leader: OUR FATHER....

Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

Congregation: GIVE US THIS DAY...

Leader: HAIL MARY.... x10 times

full of grace, the Lord is with Thee. Blessed art Thou among women And Blessed is the fruit of Thy womb, Jesus.

Congregation: HOLY MARY.... x 10 times

All: GLORY BE TO THE FATHER

All: O my Jesus, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

HAIL HOLY QUEEN

Hail, holy Queen, Mother of Mercy, hail our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us O holy Mother of God,

R. that we may be made worthy of the promises of Christ.

Let us pray.

O GOD, whose only begotten son, by his life death and resurrection has purchased for us the rewards of eternal salvation, grant, we beseech You, that meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

We fly to thy patronage, O holy Mother of God; despise not our petitions in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.

May the divine assistance remains always with us and may the souls of the faithfully departed rest in peace Amen.

In the name of the Father....