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Parish website: [www.Parishofthegoodshepherd.uk](http://www.Parishofthegoodshepherd.uk)

Parish Giving: [www.Parishofthegoodshepherd.uk/giving/](http://www.Parishofthegoodshepherd.uk/giving/)

St Paul's Mass Live Streaming: [www.churchservices.tv/dover](http://www.churchservices.tv/dover)

<https://www.youtube.com/@stpaulsdoverstfinbarrsayle7499/streams>

## THE MOST HOLY BODY AND BLOOD OF CHRIST THE FEAST OF CORPUS CHRISTI

YEAR A – 7<sup>th</sup> JUNE 2026

Missal P422 Order of the Mass P470

**CONGRATULATIONS TO ALL THOSE MAKING THEIR  
FIRST HOLY COMMUNION TODAY**

### PRIEST CORNER:

We pray for our candidates for the First Holy Communion and their families that the blessings of the Eucharist will increase and sustain their faith.

### GOSPEL REFLECTION: CORPUS CHRISTI



God has always cared and fed his people as found in the book of Exodus and emphasised as a reminder to the people in the book of Deuteronomy about the feeding in the wilderness. The food given to the people was to sustain them in their journey towards the promised land. Food is so important to the point that without it, the people of Israel could not have achieved the promise God made to them. In our own time, Jesus came and gave us his body in the form of bread to eat and his blood in the form of wine to drink which when blessed by the priest become food and drink for our spiritual journey. The church explains this miracle of **Real Presence of Jesus in the Holy Eucharist** by the term “*transubstantiation*” which means that the *substance* of the consecrated bread and wine is changed, by the action of

the Holy Spirit through the words of the priest during consecration, into the *substance* of the risen Jesus' risen glorified Body and Blood, Soul and Divinity. Though the shape or taste of the bread and the wine remains unchanged but that is the **CORPUS CHRISTI**. It is in the breaking of bread that Jesus reveals and offers himself to us. May we continue to receive this spiritual food with reverence and love as it is the food for our journey back to God.

**MUSTARD SEEDS CHILDREN'S LITURGY AT ST PAUL'S.** There will be **NO** Children's Liturgy at St Paul's on Sunday, 7<sup>th</sup> June. Next Liturgy will be on **Sunday, 21<sup>st</sup> June at the 11am Mass.**

**CHILDREN'S LITURGY AT ST FINBARR'S.** There will be **NO** Children's Liturgy at St Finbarr's on Sunday, 7<sup>th</sup> June, due to the First Holy Communion. Next Liturgy will be on **Sunday, 14<sup>th</sup> June at the 11am Mass.**

**PARISH FAMILY DAY AND BARBECUE - SUNDAY 28<sup>th</sup> JUNE** will also be the Feast of Saints Peter and Paul which is our Parish **Feast Day**. All the families are invited to the presbytery garden at St Paul's after the 11am Mass. Please bring food and drink to share. Mark the date in your diary and join us for this special event.

**ALTAR SERVER TRAINING:** Training session will take place on **Saturday 27<sup>th</sup> June 10.30am to 12noon.** Parents of servers are asked to get their children here on time so we can start at 10.30am sharp. Servers from St. Finbarr's are very welcome to come and join us here at St. Paul's.

**PARISH FIRE MARSHALL TRAINING 18<sup>th</sup>/19<sup>th</sup>JULY. (Change of Date)** This is a legal requirement and will take place in the parish on the weekend of 18<sup>th</sup>/19<sup>th</sup> July – **at St Paul's on Saturday 18<sup>th</sup> July at 7pm after the evening Mass and at St Finbarr's on Sunday 19<sup>th</sup> July after the 11am.** The training is given by a member of the diocese, Roy Collier, and is free of charge and will also include a drill (also a requirement). It is very important the Welcomers especially, and as many parishioners as possible, attend this training for all our safety.

**CONFIRMATION 2026. Sunday 22<sup>nd</sup> November at 11am Mass.** Parents of children, 13 years upwards, who wish to be confirmed, please pick up an application form either from the Parish Office or from Theresa Wells after 9am Mass on Sunday. We want to start our Confirmation Classes in the next couple of weeks.

**FAMILIA UNA QUIZ NIGHT** on **Saturday, 4th July** from 6.45 pm for a 7pm start in St Paul's Church Hall, to raise funds to take a group of young people to **World Youth Day 2027 in Taiwan & South Korea**. Get together with your friends, family and community for an evening of fun. Entry fee £5 per person and there will be a raffle and light refreshments available. If you would like to book a table or get more info, please contact Sandra in advance on Mob: 07521 282261 or Email: [sandramalho01@gmail.com](mailto:sandramalho01@gmail.com) Not enough people for a table of up to 6 people, just let Sandra know and she can hook you up with some friendly folk. **Donations for the raffle would be greatly appreciated.** If you have any unwanted presents or small items that you do not want, please leave them in the box at back of St Paul's. Many thanks .

**DO YOU HAVE ICT EXPERIENCE?** We are asking for volunteers who can help arrange Mass in PowerPoint whenever we are going to use the projector at St Paul's. It will involve arranging the Order of Mass, the hymns and the readings. If able to help, please contact Mary or Fr Gabriel.

**MASS BOOKINGS ST PAUL'S AND ST FINBARR'S** - We are encouraged to book Masses for our intentions and those of our families and friends, this is an age-old tradition in the church and is a source of income for our clergy. The process is straight forward. There are envelopes at the back of the church for this purpose. You will be required to fill out the information on it with your Mass stipend enclosed (**a minimum of £10**) per Mass booking. These can then be placed in the offertory bags. Alternatively, you can contact **Theresa Gordon at St Paul's by email** ([dovasoul@hotmail.com](mailto:dovasoul@hotmail.com)). You can also pay your Mass stipend using the CollecTin machine in the porch (Please let us know if you pay this way). Carina, Richard and John would be happy to help with any queries at St Finbarr's and Mary at St Paul's.

**ST FINBARR'S CORNER. 1. Fides Meetings in St Finbarr's May/June 2026:** Know your Faith - exploring the different understanding of the key teachings and practices between Protestant and Catholic Churches. You are all invited to attend our Fides Meetings which take place on a fortnightly basis on a Thursday. Next meeting **18<sup>th</sup> June**. They will be led by Fr. Gabriel who will share with us from his wealth of knowledge of the faith and scripture. Our meetings are from **7pm - 8:30pm** with teas and coffees from **6:40pm**.

**Session Four: 18th June** Reception into the Church - Baptism, Confirmation, RCIA.

**New Church Façade At St Finbarr's.** A lot of work has been going on behind the scenes to give our church a much needed facelift to make it more appealing and welcoming. This was initiated by our immediate past parish priest, Fr Leo Illah and is being carried forward by our current parish priest, Fr Gabriel Onoyima. The architectural drawings are on display on the notice boards at the back of the church. Please avail yourself of the opportunity to peruse these and have your say. You can make your suggestions or ask any questions by speaking to Fr Gabriel directly or contacting him by email ([gabrielonoyima@rcaos.org.uk](mailto:gabrielonoyima@rcaos.org.uk)) Thank you.

**SYNODALITY IN ACTION** –Parishioners are invited to join an online webinar, *Synodality in Action – What Parishes Need to Know for 2026*, presented by Avril Baigent and Matthew Nunes, Co-Directors of the School for Synodality. The webinar will explore the next stage of the Church's synodal journey, what it means for parish life, and how parishes can prepare for the opportunities and challenges ahead. Join us on **Wednesday, 10<sup>th</sup> June at 6.00pm–7.00pm**. For tickets and further information, please visit [www.thetablet.co.uk/events](http://www.thetablet.co.uk/events) . Please see the parish notice board for the accompanying poster.

**BUILDING A BETTER MARRIAGE** On **Saturday June 13<sup>th</sup>, 2026**, couples are invited to a day where they can **privately** explore their relationship more deeply and gain valuable insights into the communication and the call of the Church to be married at **Our Lady of Good Counsel, 2 Lower Blackhouse Hill, Hythe, Kent, CT21 5LS from 9.00am till 4.30pm**. The one-day course is for married couples (whether married for one year, 60 years or anywhere in between). It seeks to help husbands and wives to make their marriages better and to improve their communication skills and learn how to raise issues without hurting each other. **There is no group sharing and private information remains private to each couple.** The unique selling point of this day is it is NOT marriage counselling - Marriage Care and Retrouvaille do a brilliant job at this! Refreshments will be provided but please **bring a packed lunch**. **Booking is essential.** To apply please contact: Carole on [mflkent@rcaos.org.uk](mailto:mflkent@rcaos.org.uk) or by phone on 07983 524 727.

**GOING DEEPER INTO THE SACRAMENT OF MARRIAGE** — New Course, September 2026. The Maryvale Institute is launching a new course this September, designed for all who wish to go deeper into the Sacrament of Marriage. It is for parish priests, counsellors, those working with married couples, and couples themselves. The course is rooted in the Church's richest theological tradition, and explores marriage as vocation, covenant, and a path of sanctification — not merely a ceremony, but a lifelong participation in Christ's love for the Church. It runs over six modules, designed to be both academically robust and accessible to participants without prior theological background. Full details may be found at: <https://www.maryvale.ac.uk/marriage.html>

**MORE HUMAN:** Pope Leo has just published a **new encyclical *Magnifica Humanitas***. It speaks about what it means to be human in our time, especially with in the age of AI. Join us for these 3 short workshops to introduce and explore aspects of this timely document with input, as well as reflection and prayer. In St Aloysius Parish Hall, Phoenix Rd, London NW1 1TA, **Mondays 13<sup>th</sup> Jul, 21<sup>st</sup> Sep & 23<sup>rd</sup> Nov, 7.30-8.45pm**. All Welcome! Register to attend on <https://tinyurl.com/MoreHuman26> These workshops will also be online, email [info@fcjecojustice.co.uk](mailto:info@fcjecojustice.co.uk) for more information.

<b>Parish of the Good Shepherd Dover and Aylesham</b> <b>‘Called to Bear Fruit’: Parish Renewal, 2026</b>		
<b>Mustard Seed Children’s Liturgy</b>	<b>First and Third Sundays 11am</b> <b>Next 21<sup>st</sup> June</b>	<b>St Paul’s Upper Hall, Dover</b>
<b>St Finbarr’s Children’s Liturgy</b>	<b>Sunday 11am</b> <b>Next 14<sup>th</sup> June</b>	<b>St Finbarr’s, Aylesham</b>
<b>St Jude’s Prayer Group</b>	<b>Third Monday 2pm – 3pm</b> <b>15<sup>th</sup> June</b>	<b>St Paul’s Hall, Dover</b>
<b>‘Familia Una’ Adult Youth Group</b>	<b>Sundays 6pm</b>	<b>St. Paul’s Upper Hall, Dover</b>
<b>Fides Prayer Group St Paul’s</b>	<b>Wednesdays 6:40pm for 7pm</b>	<b>St Paul’s Hall, Dover</b>
<b>Fides Prayer Group St Finbarr’s</b>	<b>Alternate Thursdays 6:40pm for 7pm</b> <b>18<sup>th</sup> June</b>	<b>St Finbarr’s, Aylesham</b>
<b>Holy Rosary</b>	<b>Thursdays 9.30am</b>	<b>St Paul’s, Dover</b>
<b>Bible Study</b>	<b>Thursdays 10.30am</b>	<b>St Paul’s, Dover</b>
<b>Altar Server Training</b>	<b>Saturday 27<sup>th</sup> June 10.30am</b>	<b>St Paul’s, Dover</b>
<b>Parish Feast Day Family BBQ</b>	<b>Sunday 28<sup>th</sup> June 12noon</b>	<b>St Paul’s, Dover</b>
<b>Familia Una Quiz Night</b>	<b>Saturday 4<sup>th</sup> July 7pm</b>	<b>St Paul’s, Dover</b>
<b>Fire Marshall Training</b>	<b>Saturday 18<sup>th</sup> July 7pm</b> <b>Sunday 19<sup>th</sup> July 12noon</b>	<b>St Paul’s Dover</b> <b>St Finbarr’s, Aylesham</b>

### **CATECHISM**

#### **THE SACRAMENT OF THE EUCHARIST**

The Holy Eucharist completes Christian initiation. Those who have been raised to the dignity of the royal priesthood by Baptism and configured more deeply to Christ by Confirmation participate with the whole community in the Lord’s own sacrifice by means of the Eucharist. At the Last Supper, on the night he was betrayed, our Saviour instituted the Eucharistic sacrifice of His Body and Blood. This he did in order to perpetuate the sacrifice of the cross throughout the ages until he should come again, and so to entrust to His beloved Spouse, the Church, a memorial of His death and resurrection: a sacrament of love, a sign of unity, a bond of charity, a Paschal banquet 'in which Christ is consumed, the mind is filled with grace, and a pledge of future glory is given to us. (CCC. 1322 and 1323



**Please Pray for those who are unwell:**

**St Finbarr’s:** Charlotte, Audrey Stitt, Elisabet Sulianti, Gabriela le Bohec, Charlie Golden, Tina Isaacs, Ray Deverson, Lucy Purbrick, Amanda Dennis, Jadon Michael Kalp, Denise Mastro, Tara Conklin, Jamie Chitwood.

**St Paul’s:** Keely Cookson, David Underdown, Sr. Jennifer Sanders, Carol Manton, Oliver O’Connor, Helen Scopes, John Doyle, Maria Frost, Roz & Rob Pain, Rosa Mazzitelli, Roselene Hindle, Sr Rani Xavier, Thanima Jayan, Janice & Livra Fernandes, Catriona Stark, Mary Pressnell, Gaby Anaya Amor, Pat Evans, Shirley Lazarus, Shirley Jefford, Gail White, John & Joyce Nix, Bailey Turner, Peggy Merrell, Ryan Whittall, Jean Ann Dowle, Norman Woolhouse, Ted Peel, Christopher Browne, Angela, Alice Wilson, Angela Henbrey, Madison Woodall, Elisa Gomez Melero, Ann Tomalak, Emin Jain, Pat & Patricia Sherratt, Chris Roy.

**Please Pray for those whose death anniversaries occur this week:**

**St Finbarr’s:** Teresa Veronica Hunt, Margaret Devereux, Maurice Anthony Crane, Franciscae Xavierae Brigham, Stanley Herve, Gloria Rogers, Richard Knight.

**St Paul’s:** Julia Gillan, Thomas Lear, Edward Pitloon, Fr Derek Summers OSB, Patrick (Pat) O’Kane, John Clarke, Gertrude & Peter Marples, Patricia Joan Wells, Tony O’Reilly, John Manton, Dudley Michael Wilmshurst, Dennis McGeeney, Kim Young, Joseph Dodd, Patrick McSwiggan, Francis Tiernan, Violet Docherty, Doreen Woods.

EVENTS THIS WEEK AT ST. FINBARR'S			
<b>THE FEAST OF CORPUS CHRISTI</b>	Sunday 7 <sup>th</sup> June	11am	<b>First Holy Communion</b> Mass for World Peace
	Wednesday 10 <sup>th</sup> June	10am	Mass for People of the Parish
<b>ELEVENTH SUNDAY IN ORDINARY TIME</b>	Sunday 14 <sup>th</sup> June	11am	Mass for Hannah Sloane 'F'
EVENTS THIS WEEK AT ST. PAUL'S			
<b>THE BLESSED VIRGIN MARY OR SAINT NORBERT, BISHOP OR SAINT LUKE KIRBY, PRIEST AND MARTYR</b>	Saturday 6 <sup>th</sup> June	10am 5pm 6pm	Mass in St. Edmund's Chapel for Victims of Sexual Abuse Confessions in the church (until 5.45pm) Mass for Mentally Ill
<b>THE FEAST OF CORPUS CHRISTI</b>	Sunday 7 <sup>th</sup> June	9am 11am 3pm 6pm	<b>First Holy Communion</b> Mass for G/E Sheila (Theresa) Coffee after Mass Mass for Victims of Violence within the home Birthday prayers for Harmony Odion Okoduwa Exposition and Divine Mercy Chaplet Faith and Life Sessions for Familia Una Youth Group in the Upper Hall
	Monday 8 <sup>th</sup> June	10am	Mass In Thanksgiving
<b>SAINT COLUMBA, ABBOT OR SAINT EPHREM, DEACON AND DOCTOR OF THE CHURCH</b>	Tuesday 9 <sup>th</sup> June	10am	Mass for Zelmira Freitas RIP (Inocencia Freitas)
	Wednesday 10 <sup>th</sup> June	10am 5.30pm 7pm	Mass for Recovery of Peter (Sheila) Exposition and Holy Rosary until 6.30pm Fides Prayer Group in the Hall - Refreshments from 6.40pm
<b>SAINT BARNABAS, APOSTLE</b>	Thursday 11 <sup>th</sup> June	9.30am 10am 10.30am	Holy Rosary Mass for Fostered Children Bible Study
<b>THE MOST SACRED HEART OF JESUS</b>	Friday 12 <sup>th</sup> June	10am	Mass for Moya's Birthday (Sheila)
<b>THE IMMACULATE HEART OF THE BLESSED VIRGIN MARY</b>	Saturday 13 <sup>th</sup> June	10am 5pm 6pm	Mass in St. Edmund's Chapel for Louis Gordon RIP (Theresa) Confessions in the church (until 5.45pm) Mass for People of the Parish
<b>ELEVENTH SUNDAY IN ORDINARY TIME</b>	Sunday 14 <sup>th</sup> June	9am 11am 3pm 6pm	Mass for Regina Illah RIP (Theresa) Coffee after Mass Mass for Carol Smye-Rumsby RIP (Paul & Family) Exposition and Divine Mercy Chaplet Faith and Life Sessions for Familia Una Youth Group in the Upper Hall

**PARISH SAFEGUARDING REPRESENTATIVES CONTACT EMAIL**

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For a newsletter emailed weekly, or to suggest articles/additions, contact the Editor: [dovernewsletter@rcaos.org.uk](mailto:dovernewsletter@rcaos.org.uk)

Newsletter items received after 6pm Thursday may not be included that week. The Editor reserves the right to edit articles.

A Parish of the Roman Catholic Archdiocese of Southwark CIO Registered Incorporated Charity Number 1173050

# Readings for Sunday

## 7<sup>th</sup> June 2026

### First Reading

Deuteronomy 8:2-3, 14b-16a

*'He fed you with manna, which you did not know, nor did your fathers know.'*

Moses spoke to the people: You shall remember the whole way that the LORD your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments or not. And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD.

Do not forget the LORD your God, who brought you out of the land of Egypt, out of the house of slavery, who led you through the great and terrifying wilderness, with its fiery serpents and scorpions and thirsty ground where there was no water, who brought you water out of the flinty rock, who fed you in the wilderness with manna that your fathers did not know.

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### Responsorial Psalm

Ps 147: 12-13. 14-15. 19-20. R12a

*O Jerusalem, glorify the LORD!*  
*or: Alleluia.*

O Jerusalem, glorify the LORD!  
O Sion, praise your God!  
He has strengthened the bars of your gates;  
he has blessed your children within you.

*O Jerusalem, glorify the LORD!*  
*or: Alleluia.*

He established peace on your borders;  
he gives you your fill of finest wheat.  
He sends out his word to the earth,  
and swiftly runs his command.

*O Jerusalem, glorify the LORD!*  
*or: Alleluia.*

He reveals his word to Jacob;  
to Israel, his decrees and judgements.  
He has not dealt thus with other nations;  
he has not taught them his judgements.

*O Jerusalem, glorify the LORD!*  
*or: Alleluia.*

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### Second Reading

1 Corinthians 10:16-17

*'Because there is one bread, we who are many are one body.'*

Brothers and Sisters: The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread.

### Sequence

Lauda, Sion

*The Sequence may be said or sung in full, or using the shorter form indicated by the asterisked verses.*

Praise, O Sion, praise your Saviour,  
praise your captain and your pastor,  
with hymns and solemn songs.

Perform what pow'r affords indeed;  
his worth all praises far exceed,  
none can reach his dignity.

A special theme of praise is read,  
a living and life-giving bread,  
on this day exhibited.

Which in the supper of our Lord,  
to twelve disciples at his board  
no doubt was delivered.

Let our praise be loud and free,  
full of joy and decent glee,  
with minds' and voices' melody.

For now solemnise we that day,  
which with joy does to us display  
the prince of this mystery.

At this board of our new Ruler,  
of new law, new Paschal order  
abolishes the ancient rite.

Old decrees be new annulled,  
shadows are in truths fulfilled,  
day finishes darkness.

That at supper Christ performed,  
to be done he rightly charged  
for his eternal memory.

Guided by his sacred orders,  
bread and wine upon our altars  
to saving host we sanctify.

Christians are by faith assured  
that to flesh the bread is changed,  
the wine to blood most precious.

That no wit nor sense conceives,  
firm and grounded faith believes,  
in strange effects not curious.

Under kinds two in appearance,  
two in show but one in substance,  
lie things beyond comparison.

Flesh is meat, blood drink most heav'nly,  
yet is Christ in each kind wholly,  
most free from all division.

None that consumes him does rend him,  
none that takes him does divide him:  
received, he whole perseveres.

Be there one or thousands hosted,  
one as much as all received,  
he by no eating perishes.

Both the good and bad receive him,  
but effects are diverse in them,  
true life or true destruction.

Life to the good, death to the wicked,  
mark how both alike received  
with far unlike conclusion.

Form of bread not Christ is broken,  
not of Christ, but of his token,  
is state or stature altered.

*The shorter form of the sequence begins here.*

\*Angels' bread made pilgrims' feeding  
truly bread for children's eating,  
to dogs not to be offered.

\*Signed by Isaac on the altar,  
by the lamb and paschal supper,  
and in the manna figured.

\*Jesu, food and feeder of us,  
here with mercy feed and friend us,  
then grant in heaven felicity.

\*Lord of all, who here do feed us,  
heav'nly guests, heirs, fellows make us,  
in eternal company.  
Amen. Alleluia.

### **Acclamation before the Gospel**

**Alleluia, alleluia.**

I am the living bread that came down from heaven, says the  
Lord. If anyone eats of this bread, he will live for ever.

**Alleluia.**

**Cf. John 6:51**

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### **Gospel**

**John 6:51-58**

*'My flesh is true food, and my blood is true drink.'*

At that time: Jesus said to the Jews, 'I am the living bread that came down from heaven. If anyone eats of this bread, he will live for ever. And the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?'

So Jesus said to them, 'Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. For my flesh is true food, and my blood is true drink. Whoever feeds on my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live for ever.'

### **Act of Spiritual Communion**

**My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.**